Ride Name: RideSmart 40 **Miles:** 50 **Terrain:** Flat to rolling, one hill

Start: Pequannock High School **Leader's Cell #:** _____

Dst	Total		Instruction sheet 1
0.0	0.0	L	Out of parking lot
0.1	0.1	R	West Pkwy
1.9	2.0	Sl R	Boulevard
0.3	2.3	L	Mountain Ave
0.3	2.6	R	Newark Pompton pike
2.0	4.5	Sl R	Lincoln Park Rd
0.7	5.3	S	Ryerson Rd
1.3	6.6	L	To stay on Ryerson Rd
0.8	7.4	L	Boonton Turnpike
0.9	8.3	R	Fayette
0.5	8.8	R	Fairfield Rd.
0.8	9.6	R	Two Bridges Rd
0.1	9.7	L	Two Bridges Rd
0.4	10.1	R	R Sand Rd
1.2	11.2	R	R Hollywood Ave

Dst	Total		Instruction sheet 2
0.8	12.0	S	(Bathrooms at Rec Center on right)
0.7	12.7	R	Long Acres Road
0.3	13.0	L	Big Piece Rd
0.4	13.4	R	Horseneck Rd
0.9	14.2	L	Hook Mountain Rd
1.6	15.8	R	Bloomfield Ave
0.5	16.3	L	New Rd
0.9	17.2	Sl L	New Rd/Ridgedale Ave
2.8	20.0	R	Troy Rd
1.7	21.7	L	Troy Hills Road
1.0	22.7	R	NJ-10W
0.8	23.5	SR	Veterans Place
0.1	23.6	L	Parsippany Road
1.4	25.0	R	Jefferson Road

Dst	Total		Instruction sheet 3
1.1	26.1	R	Smith Road
1.3	27.4		Rest stop (Baldwin Bagels)
0.5	27.9	R	Vail Road
0.1	28.0	L	Knoll Road
1.4	29.4	L	Greenbank Rd.
1.1	30.5	R	Vreeland Ave.
1.1	31.7	L	River Rd
0.3	31.9	R	Millers Ln
0.8	32.7	L	Changebridge Rd
0.6	33.3	R	US-202 N
0.9	34.2	R	Whitehall Rd
0.4	34.6	S	US-202 N/Main St
1.9	36.5	L	Beaverbrook Rd/Hillview Rd
2.1	38.6	R	Jacksonville Rd
0.4	39.0	L	W Pkwy/West Pkwy

Dst	Total		Instruction sheet 4
0.7	39.7	R	S Sunset Ln
0.1	39.8	R	Into Parking Lot