

Ride Name: RideSmart 50  
 Start: Pequannock High School

Miles: 50 Terrain: Flat to rolling, one hill  
 Leader's Cell #: \_\_\_\_\_

<i>Dst</i>	<i>Total</i>	<i>Instruction sheet 1</i>	
0.0	0.0	L	Out of parking lot
0.1	0.1	R	West Pkwy
1.9	2.0	SI R	Boulevard
0.3	2.3	L	Mountain Ave
0.3	2.6	R	Newark Pompton pike
2.0	4.5	SI R	Lincoln Park Rd
0.7	5.3	S	Ryerson Rd
1.3	6.6	L	To stay on Ryerson Rd
0.8	7.4	L	Boonton Turnpike
0.7	8.1	R	Pine Brook Rd
0.9	9.0	SL	Two Bridges Rd
1.3	10.3	R	To stay on Two Bridges Rd
0.4	10.7	R	R Sand Rd
1.2	11.8	R	R Hollywood Ave

<i>Dst</i>	<i>Total</i>	<i>Instruction sheet 2</i>	
0.8	12.6	S	(Bathrooms at Rec Center on right)
0.7	13.3	L	Long Acres Road
0.4	13.7	L	Big Piece Rd
0.4	14.0	R	Horseneck Rd
0.9	14.9	L	Hook Mountain Rd
1.6	16.4	R	Bloomfield Ave
0.5	17.0	L	New Rd
0.9	17.9	SI L	New Rd/Ridgedale Ave
2.8	20.7	R	Troy Rd
1.7	22.4	S	Bee Meadow Pkwy
1.8	24.2	R	Parsippany Rd
0.2	24.4	L	N Jefferson Rd
1.9	26.3	R	Eden Ln
0.3	26.6	R	Boulevard Rd

<i>Dst</i>	<i>Total</i>	<i>Instruction sheet 3</i>	
0.4	27.0	L	Malapardis Rd
1.7	28.8	L	Littleton Rd/Speedwell Ave.
0.6	29.4		Rest stop: Time for a Bagel on right
0.0	29.4	L	Head back north on Speedwell Ave.
0.1	29.5	L	Tabor Rd
4.8	34.3	S	Diamond Spring Rd
1.2	35.5	R	River Rd
0.8	36.2	S	Bush Rd
0.4	36.6	L	Norris Rd
0.4	36.9	S	Old Denville Rd
1.1	38.1	R	Powerville Rd
0.2	38.3	L	N Main St
0.8	39.1	L	W Main St
0.7	39.8	L	Lathrop Ave

<i>Dst</i>	<i>Total</i>	<i>Instruction sheet 4</i>	
0.8	40.6	R	Vreeland Ave
1.1	41.7	L	River Rd
0.3	42.0	R	Millers Ln
0.8	42.8	L	Changebridge Rd
0.6	43.4	R	US-202 N
0.9	44.3	R	Whitehall Rd
0.4	44.6	S	US-202 N/Main St
1.9	46.5	L	Beaverbrook Rd/Hillview Rd
2.1	48.7	R	Jacksonville Rd
0.4	49.1	L	W Pkwy/West Pkwy
0.7	49.8	R	S Sunset Ln
0.1	49.9	R	Into Parking Lot

